



PLUME ACADEMY - LEARNING OVERVIEW

Year	8
Subject	Personal Development

Prior Learning

The Year 8 programme of study in Personal Development builds on student's Year 7 experience of the range of curriculum topics as highlighted in the curriculum intent.

Curriculum Intent – What are the curriculum aims?

Students will explore what makes a relationship in a range of contexts as part of the new RSE and Health Education statutory regulation from September 2020. Students will also begin to learn about their own safety when around others and consider what is acceptable behaviour or unacceptable behaviour both legally and morally.

Pupils will develop their personal wellbeing by studying with wellbeing and mental health. This is designed to be implemented at a time when students of this age are beginning to develop more independence both in terms of personal choices affecting wellbeing and being more independent when being out without a responsible adult.

Students will understand that there are different categories of law, broadly defined as criminal and civil and that there are different court systems to support the upholding of such laws. Students will learn about what constitutes a crime and consider specific examples of crime that they are most likely to be a victim of. In timetabled lessons, this includes knife crime.

Students will understand and appreciate the importance of the diversity of the UK population. This will include understanding the history of immigration to the UK and how the UK (like most high-income countries) has developed into a multicultural society. Students will also become more aware of the issues and tensions that such a diverse society must overcome and how to deal with different points of view on controversial issues. We want students to be challenged that this is a complex issue and that arguments on all sides should be engaged with. This will be challenging to many students with strongly held views on the specific examples/case studies used in this unit. Pupils should also be aware of the difference between multiculturalism as a realistic description of the modern UK and as a philosophy that has been actively pursued by governments. This unit also explores how to develop resilience to extreme views and recognise extreme views when they occur. This unit also therefore support the School's teaching of the fundamental British values.

Curriculum Implementation – What my child will be learning?

Term 1	Half Term 1	Relationships
		1 Body image - male focus
		2 Safe sex - consent
		3 Safe sex - contraception
		4 Safe sex - dangers of pornography
		5 Safe sex - sexting and image sharing



		6 Safe sex - STIs 7 Domestic conflict - running away from home
	Half Term 2	Living in the wider world 1 Budgeting and saving 2 Income and expenditure 3 Tax and NI 4 How is tax spent 5 Discrimination Teens and media 6 LGBT rights across the world 7 Internet safety - online grooming 8 Prejudice and stereotypes - disability 9 How can we care for the environment
Term 2	Half Term 3	Rights and responsibilities 1 British values tolerance 2 Extremist groups 3 where does extremism come from 4 How do extreme leaders attract converts 5 Extremism Sharia law in the UK 6 How can we prevent extremism 7 Prejudice and discrimination - religion
	Half Term 4	Careers 1 Careers focus - enterprising qualities and personalities 2 Careers focus - entrepreneurs 3 Workskills 4 workplace skills 5 Careers focus - team work skills 6 Careers focus - Communications skills
Term 3	Half Term 5 Half Term 6	Personal wellness 1 Dealing with change 2 Forming positive relationships 3 Bullying and cyberbullying 4 Online stress 5 Exam stress 6 Healthy sleeping 7 Teen pregnancy and parenting 8 Smoking and vaping 9 Cancer awareness 10 Personal safety and first aid

Curriculum Impact – How will progress be assessed?

Students will be assessed in a variety of ways.

- End of unit personal reflection
- Contributes to class-based discussions
- Completes all extension tasks
- Uses relevant examples in class and throughout assessments
- Can form a balance argument giving more than one point of view
- Refer to source content where needed throughout assessments
- Keeps up to date with current affairs and uses relevant examples where appropriate.



Super-Curricular Opportunities – Extending Learning

Useful supporting resources:	If a student is really passionate about this subject, they could:	As a parent/carer, I can assist my child in this subject by:
There are a huge amount of supportive websites for each of the topics we cover in Personal Development which are shared with the students for each lesson.	Read around the subject via books, magazines and websites, watch documentaries or listen to podcasts on various themes.	Facilitating your child in accessing the resources mentioned. Speak to them about the resources or about the news and ask questions. Encourage your child to ask their own questions; then go and research the answers.