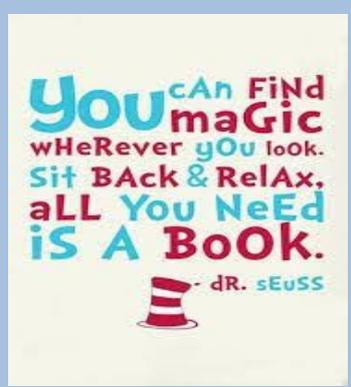




Plume Academy LAIC

Newsletter

10.05.21



LAIC Information

LAIC Supervisor

Mrs Symons

LAIC Assistants

Mrs Gaskin

Mrs Rowland

Mrs Sherwin

Mrs Walpole-Lawson

Twitter

@PAL_Librarian

Word Millionaires

Congratulations to our latest Word Millionaire

Caleb Lennon has read over twelve million words!

Mia Scott and **Freya Hanley** have both read over one million words.

Keep reading and remember to do those quizzes when you finish a book.

You could win a Costa voucher if you get 100% in your quiz

Plume.eplatform

Don't forget, you can now log on and get books from our e-platform site at any time, using your phones, tablets or ipads, so, if you can't get to the LAIC you can still get to the books!

Do you have a book recommendation?

Just email it to c.symons@plume.essex.sch.uk with the title and brief



Tell us about what makes it so good and you could find it published in the next LAIC newsletter!

Book Recommendations

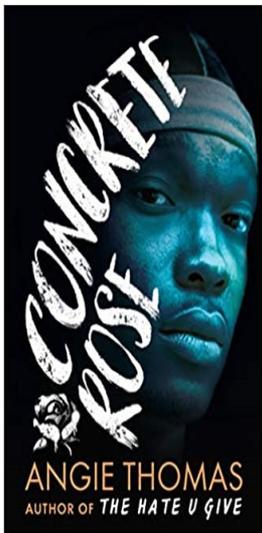
To find out more about our recommended authors just go to the links below:

<https://angiethomas.com/about/>

<https://www.chrisbradford.co.uk/books.html>

Concrete Rose

By Angie Thomas



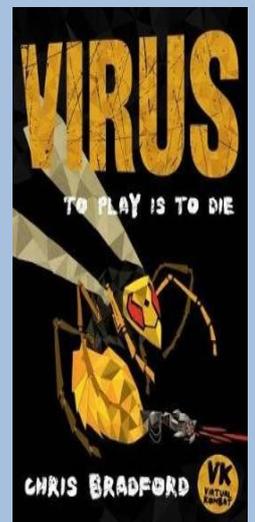
With his King Lord dad in prison and his mom working two jobs, seventeen-year-old Maverick Carter helps the only way he knows how: slinging drugs. Life's not perfect, but he's got everything under control. Until he finds out he's a father...

Suddenly it's not so easy to deal drugs and finish school with a baby dependent on him for everything. So when he's offered the chance to go straight, he takes it. But when King Lord blood runs through your veins, you don't get to just walk away.

Virus

By Chris Bradford

Scott escaped Virtual Kombat - the all-too-real virtual reality game in which Vince Power risks the lives of street kids for profit. Scott's now on the run and comes across a gang of techno-hackers who share his wish to destroy VK. They've developed a virus that could do the job, but in order to implant it Scott has to re-enter the arena and risk being trapped inside the game forever.



Go to the Plume Academy website to see our new LAIC page and Padlet link to lots of activities available to you online.

Also see our Empathy Wakelet online

“Reading is a passport to countless adventures” Mary Pope Osbourne



Plume Academy LAIC

Newsletter

10.05.21



- **Experience nature:** Take time to recognise and grow your connection with nature during the week. Take a moment to notice and celebrate nature in your daily life. You might be surprised by what you notice!
- **Share nature:** Take a photo, video or sound recording and share the connections you've made during the week, to inspire others.
- **Talk about nature:** discuss in your family, school, workplace and community how you can help encourage people to find new ways to connect with nature in your local environment.

For more information about this year's Mental Health Awareness Week visit mentalhealth.org.uk/mhaw

Cookbooks in the LAIC

Vegetarian Cookbook by Paul Gayler

Deliciously Ella by Ella Woodward

The Tofu Cookbook by Leah Lenman

Vegetarian Recipes From Around the World by Sue Townsend

Best Ever Student Cookbook by Sally Hartland

Super Salads by Michael Van Straten

You Are What You Eat by Gillian McKeith

You Can Cook by Annabel Karmel

The Fairtrade Everyday Cookbook by Sophie Grigson

Super Juice by Michael Van Straten

Seafood Lovers Guide by Rich Stein

Mental Health Awareness Books in the LAIC

'Don't Sweat the Small Stuff for Teens' by
Richard Carlson

'Everyday Confidence' by Lucy Pessell

'Mind your Head' by Juno Dawson

'I Had a Black Dog' by Matthew Johnstone

'Everyday Happiness' by Samantha Warrington

'The Anxiety Survival for Teenagers' by
Jennifer Shannon

'The 7 Day Stress Buster' by Jenny Alexander

'The 7 day Self-Esteem Booster' by Jenny Alexander

'Fearless' by Liam Hackett

'Everything All At Once' by Steven Camden

'The Boy, The Mole, The Fox and The Horse' by
Charlie Mackesy

National
Vegetarian
Week 10-16 May 2021

"It's ok not to be ok, jus don't give up" unknown

Colour in this Tulip in shades of blue or draw one of your own to display in your window for
Mental Health Awareness Week.

Also get them from the LAIC and you can enter our Tulip colouring/drawing competition.

Closing date 20.5.21

Mental
Health
UK

**I'm planting a tulip in my window
for Mental Health Awareness Week**





Plume Academy LAIC

Newsletter

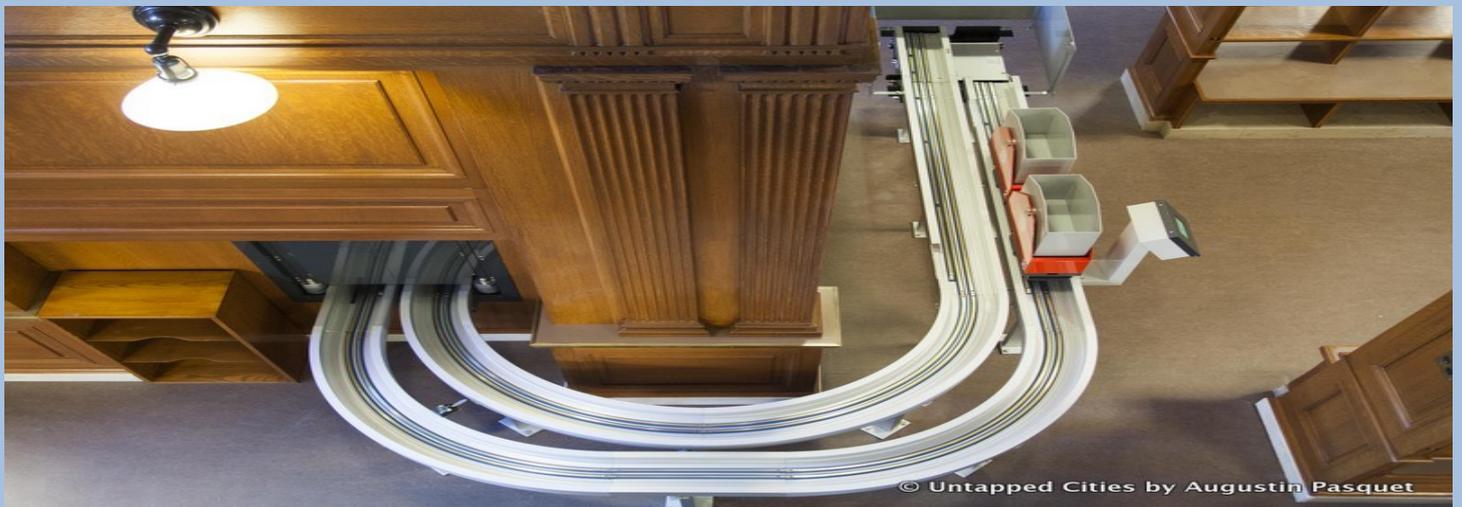
10.05.21

WE READ TO
KNOW WE
ARE NOT
ALONE.
-C.S. LEWIS

New York Public Library

Fancy going to a public library that has 125 miles of books? Or seeing a train that carries the books around the library? Or even pneumatic tubes for delivering reading requests? Then this is the place to go! It also has doors that lead to nowhere! To find out more about this extraordinary building just go to this link:

<https://untappedcities.com/2019/05/17/the-top-10-secrets-of-the-nypls-main-branch-at-42nd-street-bryant-park/2/?displayall=true>



International Families Day 15 May 2021

Founded by the United Nations (UN) in 1994, the International Day of Families is observed every May 15 to honour the importance of families. Families—both traditional and non-traditional—are the foundation of society. Our most formative years are spent with our families and those people are likely the most important people in our lives, so they should be celebrated. Let's spend time today finding ways to protect the family unit in society by starting at home with our own!

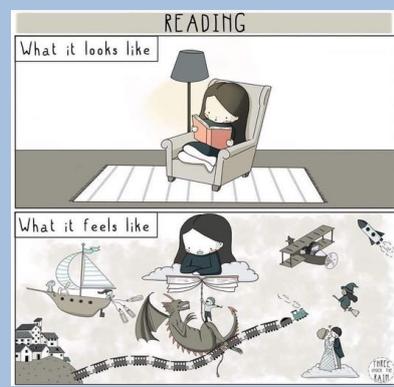
"Family is not an important thing. It's everything." – Michael J. Fox



Plume Academy LAIC

Newsletter

10.05.21



Did you Know?

Belgian farmer accidentally moves French border



A farmer in Belgium has caused a stir after inadvertently redrawing the country's border with France.

A local history enthusiast was walking in the forest when he noticed the stone marking the boundary between the two countries had moved 2.29m(7.5ft)

The Belgian farmer apparently annoyed by the stone in his tractor's path, had moved inside French territory instead, causing international uproar, the incident has been met with smiles on both sides of the border.

If you want to read the rest of this amusing report just follow this link

<https://www.bbc.co.uk/news/world-europe-56978344>

THEATRE TRAIN DANCE ACT SING TRANSFORMING YOUR LIFE

PERFORMING ARTS SUMMER CAMP
2nd August - 6th August 2021
 All Saints' Primary School, Highlands Drive, Maldon, Essex, CM9 6HY
 6 -16 year olds / 10am - 4pm / £100 per week

Join us for a **FUN PACKED** week of **ACTING, SINGING & DANCING** as we work our way through 5 amazing musicals.

Your child will learn skills in the **performing arts** whilst **making new friends** and learning life skills such as **confidence, empathy, resilience, creativity & raising self-esteem.**

CONTACT MARK ON
 maldon@theatretretrain.co.uk

PATRONS
 Sir Derek Jacobi KBE - Catherine Tate
 Alfred Molina - Lucy Davis

A FUN WEEK OF ACTING, SINGING, DANCING & MUSICAL THEATRE



Are you aged 14 or over?

VOLUNTEER WITH US

to help children take part in the

SUMMER READING CHALLENGE 2021

during the summer holidays

INTERESTED?

Apply online at libraries.essex.gov.uk

Closing date: **Sunday 13 June**

DREAM BIG READ!